

Josh Wood –RELENTLESS- Walking Against All Odds

Josh Wood was born in 1981 in Frankston, Melbourne Australia, and from the moment he could move he was active. He rode a BMX bike before he could walk and this set him up for a life of action sports. Graduating from high school he pursued his dream of becoming a professional snowboarder. That dream came to a crashing halt when an aerial snowboard jump went terribly wrong. In a split second, Josh became a quadriplegic. Despite the medical team's prognosis that he would never get out of bed due to the severity of his spinal cord damage, he defied all odds, rose up and through self-healing methods and determination, he was able to walk again. From this point onwards, Josh decided to bring his message to scores of people who face similar challenges, as well as everyday people from all walks of life. Josh is a published author, motivational speaker, and an inspirational advocate for self-healing, and a man with a simple message for the world: NEVER GIVE UP!

Josh Wood's destiny forever changed in a split second on 25 June 2000. A healthy 18-year-old. Josh had his whole life ahead of him when a snowboard jump went horribly wrong and he brutally crashed onto an asphalt road at a mountain ski resort. Left a quadriplegic and told by doctors he has less than a 3% chance of recovery, it was if he had died... Medical prognosis stated he would never get out of bed "Josh all you extreme sports people are the same, you have done your ultimate goal, YOU WILL NEVER WALK!" doctors told him whilst in a hospital bed alone at 3am the morning after his surgery while he lay there, just a head unable to move from the neck down, unable to pick up the phone and call his mum on his own he had to get the nurse to do so. After the initial want to kill himself and telling his mother "you're going to have to take me out into paddock and shoot me!" Josh and mother Kay worked tirelessly to prove the medical world wrong. And he "walked" through the doors the doctors told him he would never walk through.

Josh's life journey did not end on 25 June 2000. He turned the impossible into the possible and was 'Twice Born' from that day onward. Presented with a new life, he also had a new and powerful message to take to the corporate world, the medical world, the sports world, and every school, institution, hospital and street corner from which he could be heard. Josh's message is about the power of self-will, the resilience of the human spirit and the value of being relentless in a quest to never give up.



www.joshwood.com.au